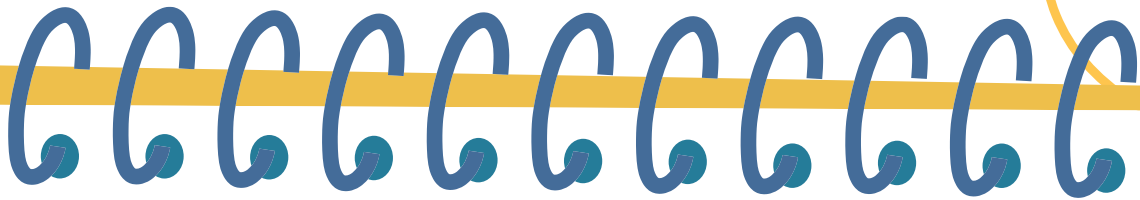


# SCHOOL NEWSLETTER

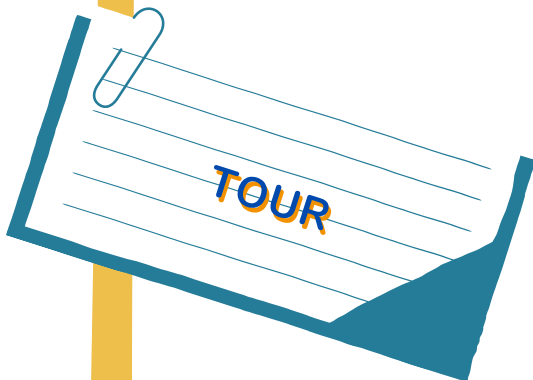
Winter Edition 2024



Every year, Care Community Resource Center plans a fun and educational trip for the students. This year, the trip was to Changa Manga and happened on Thursday, October 24, 2024.



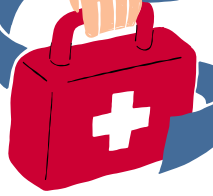
The trip was carefully planned, and parents gave their permission for children to join. On the day of the trip, everyone gathered early in the morning, excited for the adventure. The journey was fun, with students singing songs and sharing stories. At Changa Manga, they explored the forest, went boating, played games, and visited the zoo. Everyone had a great time, and it was a day full of happy memories.



# MEMORIES



# RESCUE TRAINING



- The school held a rescue training workshop with experts from Rescue 1122. They taught students and teachers how to handle emergencies, perform CPR, and give first aid.
- Everyone got a chance to practice these skills, and certificates were given to participants. This training helped everyone feel more prepared to help others in need.





# TEACHER'S TRAINING



To improve teaching, the school organized a workshop for teachers about understanding students' feelings and needs. Psychologist Prof. Shehbaz led the session, explaining children's behaviors and how to solve their problems. Teachers learned new ways to support their students and help them grow. This training is already making a positive difference in the school.



## SUMMER CAMP

In July 2024, Zubaida Muzaffar Model School held a summer camp to teach children about environmental changes, how they affect people, and how to prevent harm. The camp also helped children build confidence, improve communication, and learn about personal hygiene.



### Decorating the School

To make the school look beautiful, students and staff worked together to decorate the walls. They created science models and art projects that not only made the school look better but also helped children learn and be creative. This teamwork made the school brighter and more welcoming.

### Art and Craft Activities

An art and craft session was held to encourage students to be creative. Many children took part and made wonderful and unique artworks.



# SUMMER CAMP

## Learning About Personal Hygiene

Children learned why it is important to eat healthy food and wash their hands before meals. They were also taught to keep their surroundings clean. Students were also instructed to brush their teeth, take bath daily, and keep their nails clean.

## Building Confidence

To help children feel more confident, they practiced introducing themselves to others. They even went on stage to speak, which helped improve their communication skills.

## Heat Stroke Awareness

Because of the hot weather, the school started a heat stroke awareness campaign. Students learned the signs of heat stroke and how to stay safe in extreme heat.



Dos and don'ts of Hygiene



## COMPUTER COURSE COMPLETION



CCRC offers a computer course to teach students useful skills for their future. The course lasts three months, and this year it ended in September. A ceremony was held to give certificates to students who completed the course. This program helps students become more independent and ready for advance learning.

## SMOG AWARENESS

Smog is dirty air that looks like fog but is made of smoke and pollution. It happens when gases from cars, factories, and burning mix with sunlight. Smog can make it hard to breathe and is bad for our health and the environment.

To stay safe from smog;

- Avoid outdoor activities during high pollution times.
- Wear a mask if going outside.
- keep windows closed.
- Drink plenty of water and eat foods rich in vitamins.
- Limit driving and avoid burning anything to help reduce smog.

To prevent smog:

- Plant trees and avoid burning
- Maintain vehicles and use public transport.
- Avoid firecrackers.
- Reuse and recycle products